

ABBREVIATED THERAPEUTIC USE EXEMPTION (ATUE)

Substance which can be declared using this Declaration	aTUE required when administered via routes below	Notification valid for the following period	<i>A FULL TUE is required if these substances are administered via the routes below</i>
Beta-2 agonists: Salbutamol, Salmeterol, Terbutaline, Formoterol	Inhaler Nebuliser	2 year	<i>Oral Systemic Injections</i>
Glucocorticosteroids	Local Intra-articular injection Anal Inhalation	That Particular Usage Only 2 year	<i>Systemic use when administered orally, rectally or by intravenous or intramuscular injection (in-competition only).</i>
Glucocorticosteroids via dermatological creams, aural / otic, nasal, buccal or ophthalmic routes		Notification NOT required	

Part A – Player Information – PLEASE PRINT CLEARLY IN CAPITAL LETTERS

Surname:		First Name:	
National Union: Australian Rugby Union		Telephone No:	Date of Birth:
Team:			
<u>Notifiable substances</u>	<u>Name of substance</u>	<u>Method of Administration</u>	
Beta-2 agonists			
Glucocorticosteroids			
Reasons why athlete requires treatment with the above substance/s (Diagnosis):		Dose & Frequency of Administration:	

Part B – Prescribing Physician Declaration – PLEASE PRINT CLEARLY IN CAPITAL LETTERS

<u>Name</u>	<u>Qualifications:</u>
<u>Contact Address</u>	<u>Telephone No:</u>
I,..... certify that the above mentioned treatment is medically appropriate and that the use of alternative medications not on the Prohibited List would be unsatisfactory for this condition.	
Prescribing Physician's Signature: _____	Date: ____/____/____

Part C – Player's Declaration

I,..... certify that the information in Part A is accurate and that I am requesting approval to use a Substance from the WADA Prohibited List. I authorise the recording (whether electronically or otherwise) and/or storage by and the release of personal medical information to the National Anti Doping Organisation (NADO), relevant Tournament Organiser as well as to WADA staff and to the WADA TEUC under provisions of the Code and any other party authorised to receive such information under the ARU Anti-Doping Bye-Law. I understand that if I ever wish to revoke the right of the relevant TUEC or WADA TUEC to obtain my health information on my behalf, I must notify my medical practitioner in writing of that fact.

Player's Signature: _____ Date: _____

Part D – Notation by ARU

Name of Union Representative:	Date Declaration received by ARU:
Signature:	Date notified to ASDA

- Under the Australian Rugby Union's Anti-Doping Bye-Law and in accordance with Section 8 of the WADA International Standards, a player participating (either in or out-of-competition) in a rugby sporting activity conducted under the auspices of the IRB, the ARU, a member union or affiliate of the ARU or any club or other body or organisation which is a member or an affiliate of a member union or affiliate of the ARU, is required to provide written notification for the use of the substances nominated below.
- **A player is absolutely responsible for any Prohibited Substance found to be present in his/her body.**
- The substances below are Prohibited Substances but can be used to treat genuine medical conditions provided that use is declared through the lodgment of a fully completed, signed and approved Declaration of Medication. The Declaration of Medication can only be used to declare use of the substances below.
- **A player is absolutely responsible for ensuring a Declaration of Medication is submitted in appropriate circumstances.**
- All fields of this Declaration must be completed. The Declaration **MUST** be signed by the player and Prescribing Physician.
- The player named in Part A below should retain a copy of this Declaration for his/her own personal records.
- Information from this Declaration and/or a copy of this Declaration will be provided to the Australian Sports Drug Agency (ASDA) by ARU. If requested to do so, ARU will also provide information from this Declaration and/or a copy of this Declaration to the IRB, the Australian Sports Commission and any other party authorised to receive such information under the ARU Anti-Doping Bye-Law.
- To check the status of medications call ASDA's Drugs in Sport Hotline on **1800 020 506**.